



## Covid-19 Regatta Guidelines

The Covid-19 pandemic has forced all of us to make adjustments in the way we live and interact with others. CGRA is no exception. In order to ensure everyone's safety and comply with state and federal health authority regulations, we request your cooperation with the following guidelines. These apply to all participants, volunteers, coaches, families and friends while attending a CGRA event. **Failure to comply with these guidelines by any competitor, or any member of a competitor's party (family members, coaches, friends, etc.) will subject the competitor to disqualification from the regatta and forfeiture of all entry fees without appeal.**

1. If you feel ill or have any symptoms of Covid-19 infection, please stay home. If you are at risk for severe complications (over 65 or have underlying medical conditions), please consider the risk of exposure in your decision whether or not to attend this event.
2. All competitors (skipper and crew) must submit a signed copy of the Covid Liability Waiver found on the event website. Waiver forms should be printed, signed, scanned and returned to [susan@cgra.org](mailto:susan@cgra.org).
3. All communications will be electronic (i.e., no face-to-face meetings or hard copy handouts). All official notices, news, results, and protest information will be posted on the [event website](#) notice board, and competitors will be advised of updates by text or email.
4. You must wear a mask at all times while on shore.
5. You must maintain a distance of at least 6 feet from anyone not in your immediate party (i.e., those people living or travelling together). The social distancing requirement applies at all times, including launching and retrieving boats, waiting in line for dinner or porta-potties, or gathering around the beach, parking lot, or race office.
6. You must provide your own water and sanitary supplies to ensure that you are following all state and CDC sanitary guidelines. There will be no water or other amenities available on site.
7. You must comply with directions from CGRA volunteers or staff whether on land or on the water.

Your cooperation will safeguard your health as well as the health of others and ensure that CGRA can continue to host sailing events in the Gorge. Thank you for your support for sailing in the Gorge!