



The Columbia Gorge Racing Association is pleased to welcome six-time ILCA Masters World Champion and world-class ILCA coach Al Clark to lead our 2024 Gorge ILCA Masters Training Camp. Al brings a phenomenal wealth of knowledge from more than 30 years as both a competitor and a coach at the elite levels of ILCA sailing. In his 20 years as head coach at Royal Vancouver Yacht Club, Al developed the premier youth sailing team in North America, and nurtured many future Olympians, world champions, and Canadian National team members.

Al's training clinics are a deep dive into the latest performance techniques from the world cup circuit, delivered in Al's entertaining and accessible style, on and off the water. This clinic is a rare opportunity to work with one of the sport's top coaches, and a great warm-up for the [Skamania Coves Invitational Regatta](#) the following weekend!

The Gorge ILCA Masters Training Camp with Al Clark is designed for experienced ILCA sailors comfortable in winds up to 25 knots. Attendance is limited to 8 sailors (first come, first served). The clinic fee of **\$675** covers three days of on-the-water coaching with Al, daily video de-brief, and personal performance assessment and training tips.

To register and make payment go to the [Support CGRA](#) web page and click on **Donate**. Your \$675 donation is your registration (NOTE: due to limited attendance, clinic fees are non-refundable).

For more information and to confirm your registration in the clinic, please send a message to: davej@cgra.org.